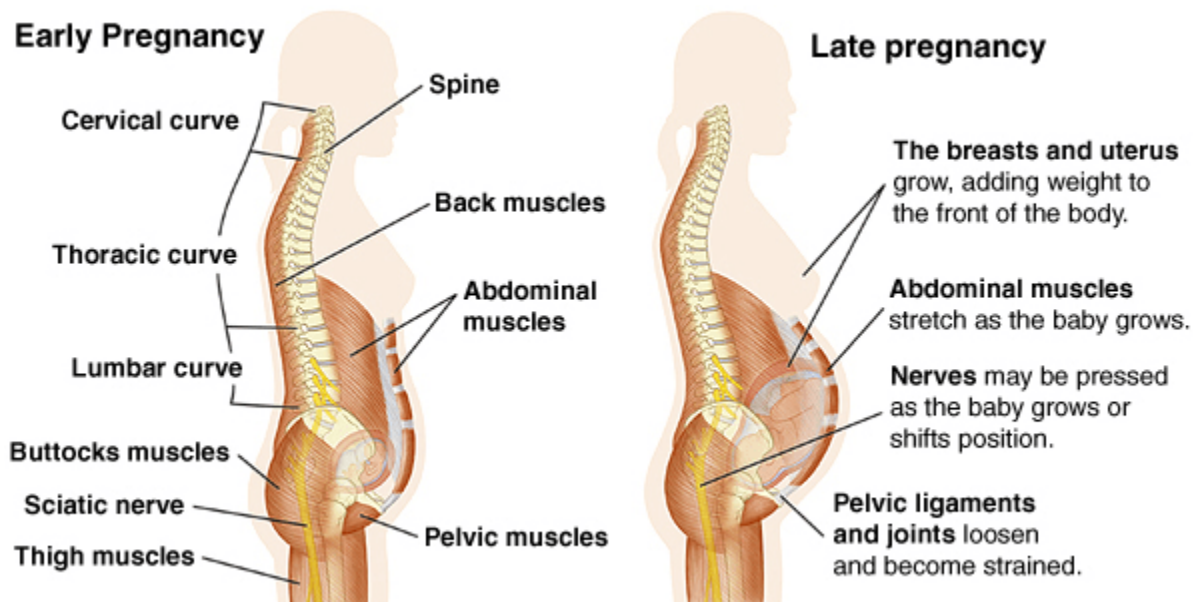


# 6 REASONS YOU NEED CHIROPRACTIC DURING PREGNANCY

A growing baby results in more weight out front, which shifts the center of gravity, and the body adjusts with that shift generally causing misalignments to form in the spinal area. According to the American Pregnancy Association, there are some great benefits to seeing a chiropractor during pregnancy.



1. Reduction of neck, back and/or joint pain
2. Preventing a potential C-section
3. Increased flexibility
4. Maintaining a healthy pregnancy overall
5. Reduction in time of labor and delivery
6. A Balanced Central Nervous System