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CASE HISTORY

NAME _____ DATE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

H. PHONE (____) _____ W. PHONE(____) _____ C. PHONE(____) _____

DATE OF BIRTH _____ AGE _____ EMAIL _____

SOCIAL SECURITY # _____ REFERRED BY _____

OCCUPATION _____ EMPLOYER _____

MARITAL STATUS: S M D W SPOUSES NAME _____

SPOUSES OCCUPATION _____ DATE OF BIRTH _____

NUMBER OF CHILDREN & AGES _____

HAVE YOU EVER RECEIVED CHIROPRACTIC CARE? ___ YES ___ NO

ABOUT YOUR HEALTH

The human body is designed to be healthy. Throughout life, events occur which damage your health. This case history will uncover the layers of damage, especially to your nerve system, that resulted in poor health. Following your exam, your chiropractor will outline a course of care to begin to correct these layers of damage and recover your innate health potential.

LOSS OF WELLNESS

Let's begin at birth when you first damaged your nerve system, lost your wellness and began your journey to ill health.

PATIENT COMMENT
(If answer is YES)

YES NO 1.BIRTH PROCESS

- ___ ___ Did your mother experience any falls & injury's during pregnancy? _____

- ___ ___ Was the delivery long? _____
- ___ ___ Was the delivery difficult? _____
- ___ ___ Forceps? _____
- ___ ___ Cesarean? _____
- ___ ___ Breach? _____
- ___ ___ Home birth? _____
- ___ ___ Hospital birth? _____
- ___ ___ Mother given drugs during delivery? _____
- ___ ___ Was labor induced? _____

YES NO 2. GROWTH AND DEVELOPMENT (BIRTH THROUGH TEEN YEARS)

- ___ ___ Were you taught how to care for your spine? _____
- ___ ___ Did you fall out of bed? _____
- ___ ___ Were you breast fed? _____
- ___ ___ Were you a head-banger or rocker? _____
- ___ ___ Were you picked on by siblings? _____
- ___ ___ Did you fall while learning to walk? _____
- ___ ___ Were you spanked? _____
- ___ ___ Did you experience child abuse? _____
- ___ ___ Chair pulled out when sat down? _____
- ___ ___ Did you have your ear/chin pulled _____
- ___ ___ Did you fall downstairs? _____
- ___ ___ Were you yanked by your arm? _____
- ___ ___ Did you have childhood sickness? _____
- ___ ___ Did you have accidents? _____
- ___ ___ Did you have surgery? _____
- ___ ___ Drugs? _____

____ Did you have other traumas? _____

YES NO 3. LOSS OF WHOLE BODY HEALTH

____ Were you taught proper body movement and care? _____

____ Did/ do you smoke? _____

____ Diet (Do you eat healthy foods?) _____

____ Have you been in accidents? _____

____ Have you had surgery & organs removed/ replaced? _____

____ Did/ do you take drugs prescriptive or non-prescriptive? _____

____ Teeth problems? _____

____ Eye problems? _____

____ Hearing problems? _____

____ Exercise regularly? _____

____ Sleeping habits? _____

____ Did/ do you have occupational stress? _____

____ Did/ do you have physical stress? _____

____ Did/ do you have mental stress? _____

____ Did/ do you drink any alcohol? _____

____ Did/ do you have sports injuries? _____

PRIMARY REASON FOR CONSULTING OFFICE

Finally, the years of continuing damage showed up as acute or chronic symptoms.

Present complaint _____

Pain or problem started on _____

Pains are: ____ SHARP ____ DULL ____ CONSTANT ____ INTERMITTENT

Intensity: ____ 1 ____ 2 ____ 3 ____ 4 ____ 5 ____ 6 ____ 7 ____ 8 ____ 9 ____ 10

Frequency: ____ Daily ____ 2-3 times weekly ____ Sporadic ____ Constant

What activities aggravate your condition/pain? _____

Is condition worse certain times of the day? ____ Morning ____ Afternoon ____ Evening ____ Sleep

Is this condition interfering with work? ____ sleep? ____ routine? ____ other? _____

Is this condition getting progressively worse? _____ Other doctors seen for this _____

Are you using any home remedies? _____

OTHER SYMPTOMS:

- | | | |
|---------------------------------------|--|--|
| <input type="checkbox"/> BACK PAIN | <input type="checkbox"/> FATIGUE | <input type="checkbox"/> NECK PAIN |
| <input type="checkbox"/> BUZZ IN EARS | <input type="checkbox"/> FEVER | <input type="checkbox"/> NECK STIFF |
| <input type="checkbox"/> CHEST PAINS | <input type="checkbox"/> FEET COLD | <input type="checkbox"/> NERVOUSNESS |
| <input type="checkbox"/> COLD SWEATS | <input type="checkbox"/> HANDS COLD | <input type="checkbox"/> NUMBNESS IN HANDS |
| <input type="checkbox"/> CONSTIPATION | <input type="checkbox"/> HEADACHES | <input type="checkbox"/> NUMBNESS IN TOES |
| <input type="checkbox"/> DEPRESSION | <input type="checkbox"/> IRRITABILITY | <input type="checkbox"/> PINS & NEEDLES IN ARM |
| <input type="checkbox"/> DIARRHEA | <input type="checkbox"/> LIGHT BOTHER EYES | <input type="checkbox"/> PINS & NEEDLES IN LEG |
| <input type="checkbox"/> DIZZINESS | <input type="checkbox"/> LOSS OF BALANCE | <input type="checkbox"/> SHORTNESS OF BREATH |
| <input type="checkbox"/> EARS RINGS | <input type="checkbox"/> LOSS OF MEMORY | <input type="checkbox"/> SLEEPING PROBLEMS |
| <input type="checkbox"/> FACE FLUSHED | <input type="checkbox"/> LOSS OF SMELL | <input type="checkbox"/> STOMACH UPSET |
| <input type="checkbox"/> FAINTING | <input type="checkbox"/> LOSS OF TASTE | <input type="checkbox"/> TENSION |
| | | <input type="checkbox"/> OTHER |

SYMPTOMS

Have you been under medical care recently or for this problem? _____

Have you been taking prescriptive or non-prescriptive drugs? _____

Have you had surgery? Any side effects from drugs or surgery _____

Is there a family history of:

	HEART DISEASE	ARTHRITIS	CANCER	DIABETES	OTHER
Fathers side	_____	_____	_____	_____	_____
Mothers side	_____	_____	_____	_____	_____

ABOUT YOUR CARE

Chiropractic provides three types of care. The first is **Initial Intensive Care** which corrects the most recent layer of Spinal and Neurological damage (VSC). This care usually reduces or eliminates the symptoms. Then **Reconstructive Care** begins which corrects the years of damage that occurred when there were few symptoms. And finally, Chiropractic offers a genuine approach to **Wellness Care**. All of these options will be explained at your **Report of Findings**. At that time you'll be able to begin a course of care that fits your health goals.

Dr. Signature _____ Date _____